"God Walk A Journey Of Faith"

Lesson One:

An Introduction to The God Walk

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Mini Lesson One – Introduction to the God Walk

The Birth of God Walk – A Journey of Faith

Jesus said, "Unless a kernel of wheat falls into the ground and dies, it remains only a single seed. But if it dies it produces many seeds" (John 12:24). The lessons in this book are about coming to the point where we are ready to die if necessary to change the behaviors that have kept us in bondage. I learned this lesson by living it.

It was Saturday night, one evening in February of 1982. I had just that day been involved with my secret sin and I was depressed. For quite a while now I had wondered how long I would be able to go on like this. I was a pastor, a spiritual leader, yet I was enslaved to a sin that was so secret that the only ones who knew were God and myself.

I used to be bothered by the secrecy of my sin. Always having to be careful to cover my tracks and always have an answer as to where I had been. Carefully crafting lies in my heart just in case someone asked me difficult questions. There seemed to be no end to the deceitfulness that grew out of trying to keep this sin secret.

No longer was the secrecy and fear of being revealed the thing that bothered me. Now I was depressed because I had finally come to realize that I was never going to overcome this thing. It had me and there was no way that I was ever going to be free.

I can hear you thinking now. You're asking, "Why didn't you pray and fast?" I did and that was one of the reasons that I was so depressed. For years I had prayed and fasted about this thing and I was still caught in it's prison.

While I was sitting there at the very lowest time of my life, my wife walked in. She took one look at my face and said, "You look like someone died." At that moment I realized that I wanted to change more than anything else in the world and I was going to try something I had never tried before; I was going to tell another person.

I answered her, "Someone has died. Sit down I have something to tell you." Then I proceeded to spill out all of the sins that I had been committing in secret. Our lives were forever changed from that moment forward.

When I took that step forward and confessed to another person, something was unleashed inside me that I had never felt before. Suddenly, there was nothing to hide. I was now ready to work on being restored.

The lessons in the *God Walk – A Journey of Faith book* and program grew out of the work of restoration and reconciliation that I have gone through. I discovered these principles as God was leading me on a journey that would change me forever. I learned to apply the principles of change that are found in the 12 Steps and in the scripture. Once I became committed to what I now realize is a life-time process of reconciliation renewal and restoration there was no turning back.

My prayer is that you too will become committed to this lifetime process of reconciliation, renewal and restoration.

You may have come to the conclusion that you are hopelessly trapped in behaviors that you don't want, but take heart; many of us have been there and we have discovered that there is hope – not in our ability to overcome on our own, but in the power of God released to us through faith in Jesus Christ.

These lessons will help you begin your journey of being fully reconciled to God, renewed in your spirit and restored in every area of your life. The book, *God Walk – A Journey of Faith* will guide you through the entire lifetime process of restoration. It is not a 30 day guide to success; it is a set of instructions that will guide you in the life-time process of being reconciled to God, renewed in your inner person, and restored to the person God intended you to be.

As you progress in these lessons you will discover how to establish accountability and as a bonus you will also learn how to start support groups to help others receive what you are receiving.

Reviewing the Main points to this lesson:

1. **There is hope – but our hope cannot be in ourselves.**
2. **Prayer and fasting are necessary disciplines, but those alone will not bring freedom.**
3. **You must die to your ego and commit to doing whatever is necessary to change.**

Don't miss the next page

It is our hope that these few short lessons will give you the motivation you need to move forward in the process of reconciliation, renewal and restoration. Don't stop now – continue through the entire set of lessons .

The next lesson you will receive is:

You must realize where you are to get to where you are going

- In this lesson we explore how to find out where you really are in your life relative to where you would like to be.
- We will also explore how to chart a course to your destination

I encourage you to continue these lessons – They are vital to continued success on your journey of faith.

Questions to ask yourself:

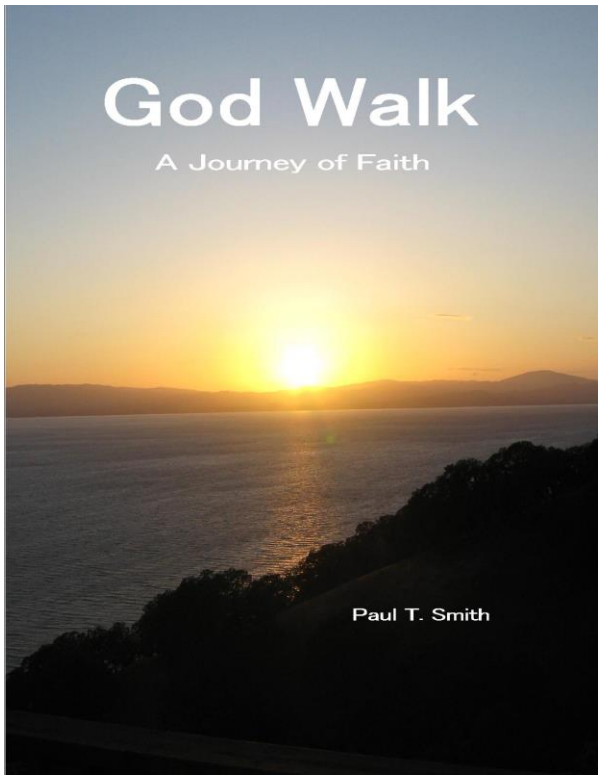
- **Do I have behavior patterns in my life that frustrate me?**
- **Do my family and/or friends make negative comments about some of my behaviors?**
- **Would I stop doing some things if I just had the discipline or will power?**

If you answered yes to any of these questions you will find answers as you continue through this series

If you have any questions, or you want to know more about the God Walk program send us an email. If you just want to make comments about what you are learning feel free to send us a message:

paul@nhmresources.org

On the next page read what others have said about
God Walk - A Journey of Faith



A pastor who edited the book before it published: "I was so moved by the book that I made changes in my own life."

Another pastor: "This is the best material for overcoming undesirable behaviors I have come across."

A person in recovery: "I love the text and workbook format. I have learned so much more with the God Walk book than I have any other books I have read."

If you have liked what you have read so far I would encourage you to continue these short lessons from the God Walk - A Journey of Faith book.

You can get a look at the first chapter of the printed version – Just click here http://nhmresources.org/20-20-Chapter-01.pdf

You have one more opportunity. You can subscribe to the God Walk Journey of Faith online program with weekly interactive online lessons. Get the details by emailing me at: paul@nhmresources.org